

## Rules and Regulations for the Literary Contest

1. This contest is open to all Canadian students in the Canadian school system \*\*.
2. Entries may be submitted in either English or French.
3. Entries must not exceed the word or line limit.
4. Poems – MAXIMUM 32 Lines – All Categories
5. Essays: Junior - MAXIMUM 350 words  
Intermediate - MAXIMUM 500 words  
Senior - MAXIMUM 800 words
6. Entries will be judged on the basis of originality of thought, expression, presentation, grammar, spelling and Canadian content.
7. Candidates must complete an official Registration Form, available from the local Legion branch or on line at [www.Legion.ca](http://www.Legion.ca), and attach it to their entry with glue or tape. (**No staples please**)
8. Only one person may submit an entry. (No group entries)
9. Candidates will use only one side of the page. (No double sided entries)
10. Contestants may enter both the Essay Contest and the Poetry Contest, but may submit only one entry for each category.
11. Students who have been out of the educational system for more than two consecutive years are ineligible to compete in the Literary Contest at any level.
12. **All entries are to be submitted to the local Legion branch by December 1st.**

\*\*For National Level Senior Winners, travel will ONLY be provided within Canada to Ottawa. Travel to Canada for exchange students will **not** be provided.